

**27<sup>TH</sup> GARREN INVITATIONAL**  
**Saturday, March 27, 2010**

**FREE SKATE**

**Skaters may skate one level up. For Short Program, please see required elements per 2009-10 USFS Rulebook.**

EVENT	QUALIFICATIONS	TIME LIMIT
Special Badge	Must be 6 or under on date of application deadline. Must not have passed Pre-Preliminary or Preliminary FS. No loops, flips, lutz, axels or doubles allowed.	45-60 sec
No Test	Skaters who have NOT passed ANY USFS tests (No Axels or Doubles)	1 min
No Test A (formerly Badge A)	Must not have passed Pre-Preliminary or Preliminary FS. No flips. Axels or lutz allowed.	1 min
No Test B (formerly Badge B)	Must not have passed pre-Preliminary or Preliminary FS. No lutz, axel or doubles allowed.	1:30 min
Pre-Preliminary A	Must not have passed USFS Preliminary FS Test (No Axels, or Doubles)	1:30 min
Pre-Preliminary B	Must not have passed USFS Preliminary FS Test (Axels Allowed, and/or Doubles)	1:30 min
Preliminary A	Must not have passed USFS Pre-Juvenile FS Test (No Axels or Doubles Allowed)	1:30 min
Preliminary B	Must not have passed USFS Pre-Juvenile FS Test (Axels and/or 2 Different Doubles Allowed)	1:30 min
Pre-Juvenile A	Must not have passed USFS Juvenile FS Test (Axels and up to 2 Different Doubles Allowed)	2 min.
Pre-Juvenile B	Must not have passed USFS Juvenile FS Test (Axels and up to 4 Different Doubles, which may be repeated in combination or sequence is Allowed)	2 min.
Juvenile	Must not have passed USFS Intermediate FS Test (No Triples Allowed)	2:15 min
Open Juvenile	Must not have passed USFS Intermediate FS Test - Age 13 and over Only (No Triples Allowed)	2:15 min
Intermediate	Must not have passed USFS Novice FS Test	2:30 min
Novice Ladies	Must not have passed USFS Junior FS Test	3.0 min
Novice Men	Must not have passed USFS Junior FS Test	3:30 min
Junior Ladies	Must not have passed USFS Senior FS Test	3:30 min
Junior Men	Must not have passed USFS Senior FS Test	4.0 min
Senior Ladies	Passed USFS Junior FS Test	4.0 min
Senior Men	Passed USFS Junior FS Test	4:30 min

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**SHORT PROGRAM**

**Skaters may skate one level up. For Short Program, please see required elements per 2009-10 USFS Rulebook.**

EVENT	QUALIFICATIONS	TIME LIMIT
Intermediate	Must not have passed USFS Novice FS	2.0 min
Novice	Must not have passed USFS Junior FS	2 min 30 sec
Junior	Must not have passed USFS Senior FS	2 min 50 sec
Senior	Must have passed Junior Short FS Test	2 min 50 sec

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**INDIVIDUAL COMPULSORY MOVES**

**The eligibility rules of Free Skating apply to the event. Skaters may skate one level up. Moves should be continuous and may be skated in any order. Preliminary, Pre-Juvenile will be skated on 1/2 ice. Failed elements may not be reskated.**

EVENT	Requirements	TIME LIMIT
No Test	1/2 Flip, 1/2 Lutz, one foot spin (3 revolutions), Waltz jump Must not have passed Pre-Preliminary .	1:30 min
No Test A (formerly Badge A)	Forward crossover, any stop, backward skating, forward pumping, gliding on one foot. Must not have passed Pre-Preliminary.	1:30 min
No Test B (formerly Badge B)	Forward crossover, two bunny hops, forward spiral, Mohawk, backward crossovers.	1:30 min
Pre-Preliminary	Loop jump, Sachow, Forward outside spiral, Scratch spin (3 revolutions in position), Waltz jump/toe loop combination jump	1:30 min
Preliminary	Loop/loop combination jump, Flip jump, Forward spiral, Back spin, Sit spin (3 revolutions in position)	1:30 min
Pre-Juvenile	Lutz jump, One jump combination with Loop jump as second jump, Camel spin, Front scratch, Forward spiral	1:30 min
Juvenile/Open Juvenile	Axel, Layback spin (girls) and upright spin (boys); jump combination – 2 single jumps with no step or turn in between (one may be an axel); combination spin with 1 change of foot and 1 change of position; spiral sequence.	2:00 min
Intermediate	Axel, Double salchow, Double toe, One jump combination consisting of a single jump and a double jump OR 2 double jumps; spin combination with at least 1 change of foot and at least 1 change of position; spiral or straight line step sequence.	2:00 min
Novice	Double loop, Double jump combination, Choice of camel, sit or layback spin (6 revolutions), Straight-line step sequences	2:00 min
Junior/Senior	Double lutz OR Double flip, double jump combination, flying spin or flying sit spin, Spin combination consisting of 3 positions and (1 change of foot (5 revolutions each foot)), Step sequence using full ice (circular or straight line).	2:00 min

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**TEAM COMPULSORY MOVES**

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The eligibility rules of USFS Free Skating apply to the event. Skaters may skate one level up, but cannot skate BELOW their highest test level. Team shall consist of 3-5 skaters and be comprised of any combination of boys and girls. A Skater may not compete for more than one team per level. This event will be judged on a team basis only. Preliminary, Pre-Juvenile will be skated on 1/2 ice, all others will be skated on full ice and in any order.

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<b>EVENT</b>	<b>QUALIFICATIONS</b>
Pre-Preliminary (formerly Badge A/ B)	Must not have passed USFS Preliminary FS. Waltz Jump, Spiral, Lunge, Forward Crossovers, 2 Bunny Hops
Preliminary	Must not have passed USFS Pre-Juvenile FS. Flip jump, sit spin, Waltz jump- loop combination, scratch spin, consecutive <u>inside</u> spirals (one on each foot)
Pre-Juvenile	Must not have passed USFS Juvenile FS. Camel spin (minimum of 3 revolutions), Lutz jump, Change foot sit spin, Loop combination, backward spiral
Juvenile	Must not have passed USFS Intermediate FS Lutz loop, Camel-Backsit combination spin, Split jump, Axel, Ina Bauer
Intermediate	Must not have passed USFS Novice FS Axel, Flying camel, any 2 jump combination with no turn or steps between, a Lay back spin, and double Salchow

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**SOLO DANCE**

Skaters may skate one level up.

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<b>EVENT</b>	<b>QUALIFICATIONS</b>
Preliminary	Must not have completed Pre-Bronze USFSA Dance Tests - ChaCha
Pre-Bronze	Must not have completed all Bronze USFSA Dance Tests – Willow Waltz
Bronze	Must not have completed Pre-Silver USFSA Dance Tests – Foxtrot
Pre-Silver	Must not have completed all Silver USFSA Dance Tests – Silver Tango
Silver	Must not have completed Pre-Gold USFSA Dance Tests – Starlight Waltz

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**SHOWCASE**

Inter/Nov 2:0 min

**Showcase:** Skaters will be judged solely on theatrical qualities from an entertainment standpoint, rather than the technical accuracy of specific moves. Please note, however, that skating must be of sufficient competence to support the theatrical components chosen. Costumes and Props are mandatory for Showcase. Props are limited to those that can be carried or pushed onto the ice surface by the competitor, *unassisted*. Set up and clearance times are limited to 30 seconds each. Props may not include flames, smoke or any presentation that affects the quality of the ice surface. Events will not be segregated by gender.

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<b>EVENT</b>	<b>QUALIFICATIONS</b>	<b>TIME LIMIT</b>
Pre-Preliminary	Must not have passed USFS Preliminary FS	1:20 min
Preliminary	Must not have passed USFS Pre-Juvenile FS	1 min 30 sec
Pre-Juvenile	Must not have passed USFS Juvenile FS	1 min 30 sec
Juvenile	Must not have passed Intermediate FS Test	1 min 30 sec
Intermediate/Novice	Must not have passed Junior FS Test	2 min

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**ARTISTIC**

Inter/Nov 2:0 min

**Artistic:** Skaters will be judged solely on artistic qualities from an entertainment standpoint, rather than the technical accuracy of specific moves. Please note, however, that skating must be of sufficient competence to support the artistic components chosen. Costumes and Props are NOT allowed for Artistic.

Events will not be segregated by gender.

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<b>EVENT</b>	<b>QUALIFICATIONS</b>	<b>TIME LIMIT</b>
Pre-Preliminary	Must not have passed USFS Preliminary FS	1:30 min
Preliminary	Must not have passed USFS Pre-Juvenile FS	1 min 30 sec
Pre-Juvenile	Must not have passed USFS Juvenile FS	1 min 30 sec
Juvenile	Must not have passed Intermediate FS Test	1 min 30 sec
Intermediate/Novice	Must not have passed Junior FS Test	2 min

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## BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format: Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR** will perform each element when directed by a judge or referee.

1. To be skated on 1/3 to 1/2 ice
2. **No music**
3. **All elements must be skated in the order listed**
4. Time: 1:00 or less

<p><b>Snowplow Sam - Tots:</b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ol>	<p><b>Basic 5:</b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive - both directions</li> <li>3. One foot spin - minimum of three revolutions</li> <li>4. Hockey stop</li> <li>5. Side Toe hop -either direction</li> </ol>
<p><b>Basic 1</b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6-8 in a row</li> </ol>	<p><b>Basic 6:</b></p> <ol style="list-style-type: none"> <li>1. Forward inside three turn - R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b>Basic 2</b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice</li> <li>3. Two foot turn in place forward to backward</li> <li>4. Backward two foot swizzles 6 - 8 in a row</li> <li>5. Moving snowplow stop</li> </ol>	<p><b>Basic 7:</b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b>Basic 3</b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive</li> <li>3. Moving forward to backward two foot turn - either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b>Basic 8:</b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b>Basic 4</b></p> <ol style="list-style-type: none"> <li>1. Forward outside three turn - R &amp; L from a standstill</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 6-8 consecutive both directions</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

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## BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

1. To be skated on full ice
2. **Vocal music is allowed**
3. The skater may use elements from a previous level
4. A 0.2 deduction will be taken for each element performed from a higher level
5. Time: 1:00 +/- 10 seconds

<p><b>Snowplow Sam - Tots:</b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b>Basic 5:</b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive in both directions</li> <li>3. One foot spin - min of three revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b>Basic 1</b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b>Basic 6:</b></p> <ol style="list-style-type: none"> <li>1. Forward inside 3-turn from a standstill - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b>Basic 2</b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place - forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line across width of ice</li> <li>5. Moving snowplow stop</li> </ol>	<p><b>Basic 7:</b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b>Basic 3</b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b>Basic 8:</b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b>Basic 4</b></p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. Forward outside 3 turn - R &amp; L from a standstill</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

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**Competitive Test Track 2009-10 (effective September 1, 2009)**

The competitive test track is a relatively new event for all non-qualifying competitions that equates the difficulty of skating elements performed in each program with the USFS test level structure. Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- from EACH mark for each technical element included that is not permitted in the event description.
- from the technical mark for each extra or lacking element.
- for any spin with less than required revolutions.

<b>LEVEL</b>	<b>JUMPS</b>	<b>SPINS</b>	<b>STEPS</b>	<b>QUALIFICATION</b>
<b>Limited Beginner</b> Time: 1:40 max	Jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements.	Two upright spins, no change of foot (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>Beginner</b> Time: 1:40 max	Jumps with not more than one-half rotation (front to back or back to front) Single rotation jumps: Salchow and toe loop only. Jump combinations and sequences are allowed. Maximum 5 jump elements.	Two upright spins, change of foot optional (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>Pre-Preliminary Test</b> Time: 1:40 max	Jumps with not more than one rotation (no Axels). Jump combinations or sequences using only a waltz jump, toe loop, and Salchow are permitted. Maximum 5 jump elements.	Two spins held in one position only of a different nature, no change of foot (Min 3 revolutions and no flying spins)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
<b>Preliminary Test</b> Time: 1:30 +/- 10	Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements	Two spins of a different nature, combination spins allowed (Min 3 revolutions each and no flying spins)	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test

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<p><b>Pre-Juvenile</b>  <u>Test Time:</u>  <u>2:00 +/-10</u></p>	<p>Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements</p>	<p>Three spins in any position (Min 3 revolutions), One must be a combination spin with change of foot optional (Min 3 revolutions on each foot or 6 total revolutions and no flying spins).</p>	<p>One step sequence straight line, circular, or serpentine fully utilizing ice surface.</p>	<p>Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test</p>
<p><b>Juvenile</b>  <u>Test Time:</u>  <u>2:15 +/-10</u></p>	<p>Any single jumps and jump combinations with not more than 1 1/2 rotations. (Axel permitted). Maximum 6 jumping elements.</p>	<p>Three spins in any position (Min 4 revolutions) One must be a combination spin with one change of foot (Min 4 revolutions on each foot). May include flying spins.</p>	<p>One step sequence straight line, circular, or serpentine fully utilizing ice surface.</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p><b>Intermediate</b>  <u>Test Time:</u>  <u>2:30 +/-10</u></p>	<p>Any single jumps. Double jumps may only be the double Salchow and double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements.</p>	<p>Three spins in any position (Min 4 revolutions) One must be a combination spin with at least one change of foot (Min 4 revolutions on each foot). May include flying spins.</p>	<p>One step sequence straight line, circular, or serpentine fully utilizing ice surface.</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p><b>Novice Test</b>  <u>Time: Ladies</u>  <u>3:00 +/-10</u>  <u>Men 3:30+/-</u>  <u>10</u></p>	<p>Any single jumps. Double jumps may only be the double Salchow, double toe loop and double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements for men and 6 for ladies</p>	<p>Three spins in any position (Min 6 revolutions) One must be a combination spin with at least one change of foot (Min 5 revolutions on each foot). May include flying spins.</p>	<p>One step or spiral sequence (see rule 3660 for description).</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>
<p><b>Junior Test</b>  <u>Time: Ladies</u>  <u>3:30 +/-10</u>  <u>Men 4:00+/-</u>  <u>10</u></p>	<p>Any single jumps. Double jumps may only be the double Salchow, double toe loop, double loop and double flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men And 7 for ladies.</p>	<p>Three spins: One must be a spin in one position, one a flying spin, (6 revolutions each) one combination spin consisting of all three positions and one change of foot (Minimum 2 in each position and Minimum 5 revolutions on each foot).</p>	<p>One step sequence of advanced difficulty, covering the full ice surface. (See rule 3650 for description)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>

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<p><b>Senior Test</b>  <u>Time: Ladies</u>  <u>4:00 +/-10</u>  <u>Men 4:30+/-</u>  <u>10</u></p>	<p><u>At least four</u>  <u>different double</u>  <u>jumps One must be</u>  <u>a double Lutz. Jump</u>  <u>combinations and</u>  <u>sequences allowed.</u>  <u>Maximum 8 jumping</u>  <u>elements for men</u>  <u>and 7 for ladies.</u></p>	<p><u>Three spins: One</u>  <u>must be a spin in one</u>  <u>position, one a flying</u>  <u>spin, (6 revolutions</u>  <u>each) one spin</u>  <u>combination</u>  <u>consisting of all three</u>  <u>positions and one</u>  <u>change of foot</u>  <u>(Minimum 2 in each</u>  <u>position and</u>  <u>Minimum 5</u>  <u>revolutions on each</u>  <u>foot).</u></p>	<p><u>Men: Two different</u>  <u>step sequences.</u>  <u>Ladies: One step</u>  <u>sequence and one</u>  <u>spiral sequence (see</u>  <u>rule 3640 for</u>  <u>description).</u></p>	<p><u>Skaters must have</u>  <u>passed at least the</u>  <u>U.S. Figure</u>  <u>Skating junior free</u>  <u>skate test</u></p>
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