

Competitive Progression Through the Levels of U.S. Figure Skating

Singles athletes begin with the Compete USA competitions. Once athletes begin the official U.S. Figure Skating test structure, they can choose to enter the Excel, Well-Balanced or Adult levels as appropriate for their ability, test, level and age. Test requirements are the same for the Excel and Well-Balanced levels. It is completely the choice of the athlete which track to follow; athletes may switch between tracks as best suits their development, but may not enter the same type of event in multiple tracks. Competitive level is determined by highest free skate test passed.

SKATE UNITED

Skate United competition events parallel standard track events and maintain the same eligibility and program requirements, but are for skaters with physical disabilities who will compete in a separate Skate United group.

COMPETE USA

Snowplow Sam, Basic 1-6, Hockey 1-4, Pre-Free Skate 1-6, Adult 1-6, Adaptive Skating and specialty events.

EXCEL LEVELS	WELL-BALANCED	ADULT LEVELS
Beginner*	No-Test*	Adult Beginner*
High Beginner*	D. Durling in a max	Adult High Beginner* Adult Pre-Bronze*
Pre-Preliminary*		
Preliminary/ Preliminary Plus	Preliminary	Adult Bronze
Pre-Juvenile/ Pre-Juvenile Plus	Pre-Juvenile	Adult Bronze Adult Bronze Leve the colline is
Juvenile/ Juvenile Plus	Juvenile/ Open Juvenile	offer Com Adult Gold Adult Gold
Intermediate/ Intermediate Plus	Intermediate	Figu nonc com
	Novice	Intermediate-Novice
Novice	Junior -	
Junior		Masters Junior-Senior

*Beginner, High Beginner, No-Test, Pre-Preliminary and Pre-Bronze require current Learn to Skate USA and/or U.S. Figure skating full membership; all other levels require a current full U.S. Figure skating membership.

COMPETITION MANUAL



Competitive Progression Through the Levels of U.S. Figure Skating (continued)

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ADAPTIVE SKATING	SPECIAL OLYMPICS
Adaptive 2	Badge 1
Adaptive 3	Badge 2
Adaptive 4	Badge 3
Adaptive 5	Badge 4
Adaptive 6	Badge 5
Adaptive 7	Badge 6
Adaptive 8	Badge 7
Adaptive 9	Badge 8
Adaptive 10	Badge 9
Adaptive 11	Badge 10
Adaptive 12	Badge 11
	Badge 12