



# LEARN TO SKATE CHECKLIST

Use this checklist to get ready for your lessons!

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## What to bring:

- Skates - your own or \$3/week for rental
- Towel (to wipe skates when done)
- Extra gloves or mittens
- Hockey Helmet (required for skaters under 5, recommended for ALL new and beginning skaters)
- A smile and a great attitude!

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## What to wear - DRESS IN COMFORTABLE LAYERS

- Long sleeve shirt
- Pants/sweatpants/leggings – No Jeans
- Tights or socks
- Jacket
- Gloves or mittens
- Hat
- Snowpants? (OPTIONAL – Hard to move in, but younger skaters may be more comfortable)

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## What to do:

- Arrive 15 minutes before class (4:00) – use bathroom, get drink, etc.
- Get name tag from table as you arrive – this has your class and instructor information on it!
- Please sit in area 2 (down the hall) to put your skates on.
- At 4:15, Enter the ice at the side door to meet your group/instructor
- When not in lesson, you may practice your skills in the practice area. Join in and have fun!

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## Helpful Notes for Parents:

- Skaters progress at different rates. Don't worry if your skater takes a little while to adjust.
- Please keep the door area clear. You may watch from along the glass or bleachers.
- Ask any questions that you may have. Volunteers and our Instructors are available each week to help and guide you.
- Our professional coaches are paid, but our staff is entirely volunteer (mostly other parents). If you are willing and able to help, or have skills you would like to share, please visit us at the table.

**We are excited to have you join us this season.**

Please visit our website <http://www.hmfsc.org> and join our Facebook Page (Hudson Mohawk Figure Skating Club @hmfsc) to stay up to date.