

SKATE TO GREAT WITH HMFSC

HMFSC is proud to offer a wide array of activities designed to get skaters of all levels on the ice and having fun.

Our 1-hour group lessons feature both guided instruction & free practice under professional supervision.

Snowplow Sam:

An introduction to basic skating skills for students ages 3-4 years old. Small groups and special activities make this a fun experience.

Learn to Skate levels 1-6:

Foundations are important. These 6 levels provide the critical skills for figure skating, hockey and speedskating.

Aspire pre-freeskate:

Bridge to higher levels of skating through this program. Learn the foundation edgework and elements needed to jump and spin safely and well. For Basic 4+

OTHER OPPORTUNITIES

Throughout the year, there may other opportunities for additional seminars, classes, etc. to expand your skills

- Synchronized Skating
- Theater on Ice
- Learn to Ice Dance

Private Lessons:

For skaters interested in a one-on-one experience, private lessons may be available. Please see your learn to skate instructor or our volunteer staff for more information and availability. Additional lesson and ice fees apply.

Ouestions?

Email us at <u>skateHMFSC@gmail.com</u> or visit us at www.hmfsc.org/lts

MEMBERSHIP & LESSON FEES WINTER 2022

Skaters are assessed on the first lesson of their session and placed into groups based on age and skating skill. Groups may be adjusted as the season progresses.

Sundays 4:15-5:15pm, Albany County Hockey Facility

Winter Session #1: January 9 - February 6 \$80.00 (5 weeks)

January 9, 16, 23, 30 & February 6

Winter Session #2: February 13 - March 14 \$64.00 (4 weeks)

February 13, 27 & March 6, 13 NO CLASS: February 20

HMFSC/USFSA Membership (new skaters only) \$36.00

REQUIRED for each skater. Includes member card, record book & LTS welcome materials, and eligibility to participate in Compete USA competitions throughout the US. Membership expires 06/30/2022.

Skate Rentals will be available each week for an additional \$3 fee.

Skaters (or Parent/Guardian for those under 18) will be asked to sign a liability waiver and medical/photo release at time of first lesson.

HMFSC follows all health and safety requirements specified by US Figure Skating, Learn to Skate USA and the Albany County Hockey Facility.





HMFSC is a non-profit 501(c)3 organization

ORDER FORM (PLEASE PRINT)

Description	Price		Subt	otal
LTS Membership	\$36.00	=		
Winter Session #1 (1/9 - 2/6) \$80.00	=		
Winter Session #2 (2/13 - 3/	20) \$64.00	=		
		Order t	otal:	
Cash/check/credit card acce through our Entryeeze webs processing fee. There will b	ite, and will e a \$35 fee fo	have an	additi	onal
Required Skater Info (Pleas	e print)			
Skater Name, Gender:				
Birthday (mm/dd/yyyy):				
Address:				
City/State/Zip:				
Parent/Guardian Name & Ph	ione (REQUIRI	ED)		
Parent/Guardian Email (REQ	UIRED)			
Tell us about your skating a only, previous lesson	,			
OPTIONAL: Any health/medi (allergies, s	cal issues tha seizures, ADH		ould be	aware o

SEND ADVANCE REGISTRATION & PAYMENT TO:

Tommie Palladino, LTS 18 Yardley Place Loudonville, NY 12211 (518) 783-1275

FOR QUESTIONS, PLEASE CONTACT:

Shaun-Paul Manore, Membership Director E-mail: membershipHMFSC@gmail.com